#### Vol. XXI Issue No. 3

#### July - September 2015



**CELEBRATION** The faculty and the non-teaching staff of the Lupon School of Fisheries share the joy of the recent reclassification of the 21 members of the faculty through the National Budget Circular No. 461 on September 21, 2015.



# ewslette

The Official Newsletter of Lupon School of Fisheries **Roxas Street, Poblacion, Lupon, Davao Oriental** Telefax (087) 808 - 0125 •E-mail: lsf tesda11@vahoo.com.ph

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## 21 Faculty members step up thru NBC No. 461

members of the faculty of Caraguel, Lupon School of Fisheries Lasngre, Sr., Maria Magstepped up one or two dalena P. salary levels when their Leonesa L. application for reclassifi- Estrella M. Toreta, and benefits of their promocation through the 7th cy- Anastacia G. Zulueta. For tion. cle of the National Budget Assistant Professor I are Circular (NBC) No. 461 Lilibeth C. Blasabas, Nora School Administrator III, was finally approved on S. Malatamban, Oliva A. Ms. Ruth R. Pundang is September 21, 2015 by Ramos, Flora A. Solidor again the Civil Service Commis- and Perla G. Yosores, school sion. For Assistant Pro- Terence fessor IV are Milan Mile Jose E. Malabar, and the review of faculty docu-A. Avila and Naida G. La- Edgar Q. Manto. For In- ments for the 8th cycle sangre. Professor II are Georgita Dalo, Rizaltio V. Lopez, NBC No. 461.

Pomar, sified Instructor 111 For L. For Assistant structor II are Jereme M. implementation

The salary grades of 21 C. Arles, Maria Fe C. Alona G. Lorica, and Edgardo H. Janette T. Rañeses.

The newly reclasfaculty members Robledo, are now enjoying the

The Vocational encouraging the Local Review are Committee on Faculty Catulong, Evaluation to fast track of the

## VISION

LUPON SCHOOL OF FISHERIES is a leading institution molding values for sustainable development to pursue excellence in technical vocational education and training.

MISSION

LUPON SCHOOL OF FISHERIES develops globally competitive manpower equipped with skills and desirable work values for gainful employment and entrepreneurship.

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# Malatamban, Pantoja **TMEOYA** national finalists

Giving honor to all Technical Education and Skills Development Authority (TESDA) outstanding employees all-over the country was one of the highlights during the TESDA 21st Founding Anniversary on August 27, 2015. It is a payback for the employees effort in making TESDA Administered Model Employee Award 2014 Mr. Pantoja are very grateful Schools successful through the level I and level II respectively. for the recognition accorded to years.

ban. Registrar-Designate and Mr. their exemplary performance, to reach the national level. Netherloo Pantoja, Administra- love and dedication that con- They are tangible proof that tive Aide III/Clerk of TESDA- tributed to the accomplish- LSF never ceases to excel in Lupon School of Fisheries were ments of this institution's tar- achieving the national goals of among those recognized em- gets. Mr. Pantoja could not be- TESDA. ployees this year as National lieve he was chosen one of the Level Finalists for the TESDA finalists.



"Sobrang hindi ko

siva ini-expect. I was verv surprised." He attributed his success to the never ending support that he constantly receives from the faculty and staff and from the school administrator. Ms. Ruth R. Pundang."

Mrs. Malatamban and

They were selected among any them by the administration and Mrs. Nora S. Malatam- other TESDA employees all the rest of the colleagues for it assistant Professor I/ over the country because of was a stepping stone for them

- Richard S. Salindong

## HIV/AIDS symposium launched

Human immunodeficiency virus and acquired immune deficiency syndrome (HIV/AIDS) symposium was successfully launched at Lupon School of Fisheries on September 30, 2015. The said activity was organized by the member of the medical team through the effort of Mrs. Oliva A. Ramos, Gender and Development focal. It was conducted to give awareness to the students with the information about the said virus.

HIV/AIDS is a spectrum of conditions caused by infection. Following initial infection, an infected person may experience a brief period of influenza-like illness. This is typically followed by a prolonged period without symptoms, as the infection progresses, it interferes more and more in the immune system of an individual. It can be transmitted primarily through unprotected sexual intercourse (including anal and oral sex), contaminated blood transfusions, hypodermic needles, and from mother to child during pregnancy, delivery or breastfeeding. Some bodily fluids. such as saliva and tears do not transmit HIV.

Common methods of **HIV/AIDS** prevention includes encouraging and practicing safe sex, needle exchange programs, avoid having sex at early age, and avoid having two partners engaging into sex

activity. There is no cure or vaccine: however antiretroviral treatment can slow the course of the disease and may lead to a near normal life expectancy.

HIV/AIDS has a great impact on society, both as an illness and a source of discrimination, but it could be avoided if the society will accept them as they are, like normal people do, as a matter of fact they are also humans that deserve to be respected.

Information disseminations like this will be conducted yearly to strengthen the fight to control the spread of HIV/AIDS cases.

- J Saromines

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## Moral values, anti-drug awareness symposium enlightens students

Presently, majority of the youth are losing sight of their paths. Some lose their moral values, even the respect to their parents and the elderly. Some get addicted to games, vices and worst of all to drugs. The symposium con-

ducted by Pastor William Lozorata. Chairman for Moral Values Education and the Anti Symposium together -Drua Pastor Delfin "Dodo" with September 2, 2015 at the Lupon School of Fisheries covered court was a timely reminder to the students.

"I will love my parents all the days of my life as my greatest gift to them.

Miones remarked "Happiness starts at home". He dient and respectful the to the structive, too. And once a perthen discussed about the im- parents. portance of the family and stressed on the child's role as tor Lozorata discussed on the the source of the parents' hap- effects of drug abuse to people forewarned the students to be piness, comfort, hope, inspira- who lose their values in life to always on the guard and never tion and defense inside the drug addiction. He said that give chance to drug addiction family. He added that parents even the most powerful, the to take its toll. The students are happy to see their children wealthiest and famous person- were inspired and have learned



Miones, family counselor, on Pastor Delfin "Dodo" Miones, Family Counselor, gives an awakening and life-changing lecture to the students.

the way they want them to be- alities down to the simple and come in the future but their ordinary people in the society hearts get broken if ever they get addicted to DRUGS. Even

> are lost. He further quoted the become

that minded the students to be obe- ing is highly addictive and de-

The main speaker, Pas- guit.



the young and innocent ones victims. Addiction Bible- the Ephesians never chooses whoever hits it. 6:1-3, "Children, obey It's just a matter of people's your parents because choice and their vulnerability. you belong to the Furthermore, he said that drink-In his speech, Pastor Lord, for this is right". It re- ing liquors in addition to smokson is into it, it would be hard to

> Pastor Lozorata's words so much of the symposium including the educators as well as the staff. The symposium had purely made the audience aware.

> > - Lyra Marie G. Zulueta

The LSF instructors join the students in the individual signing of the lifelong covenant to honor, listen, obey, love and care for the parents.

## Sportsfest 2015 promotes camaraderie



SHOWING ALL WHAT IT TAKES The Cluster C dancers, champion in cheering competition prove their ability in every move.

Exuberance was shown on the faces of the students Each participating team tried to beat the other teams who were ready to unleash their pent-up energy dur- in cheering, basketball (men), volleyball (men and ing the first day of the LSF Sportsfest at the covered women), lawn tennis, track and field, dart, chess, court on September 9, 2015. Clad in colorful attire, scrabble, and word factory. the students, headed by their muses and captain balls by cluster, started the event with a parade in ness not only physically and mentally but also sothe focal points in the municipality of Lupon.

The theme "Quest for the Best" challenged all players of each cluster to give out their best to come out the winner during the three-day sportsfest.

The activity developed the students' alertcially as camaraderie was the main objective in launching it.

- Jezel & Charlen

## Research Abstract

## Study on the Length and Weight Relationship of Oreachromis niloticus (Tilapia) in Freshwater **Fishponds of Lupon School of Fisheries** Lupon, Davao Oriental SY 2014-2015

Fish culture such as tilapia production weight play a significant factor that taken as sample. of the producer.

The research entitled " Study on the Length and Weight of Oreochromis niloticus or Tilapia in Freshwater Fishponds of the Lupon School Fisheries" aimed to determine the growth of a certain species of cultivable fish; measure the length and weight of fish in a given sample of stocking density during the culture period.

It was administered in the freshwater fishponds of the Lupon School of Fisheries in the municipality of Lupon, province of Davao Oriental where data using a questionnaire were gathered and analyzed.

The sizes of tilapia ranging from for commercial purposes is always one-half centimeter up to ten centimegeared on profits. The size and the ters were used. Twenty fishes were The correlation determines profits or losses on the part analysis was employed to test the validity and reliability of the study.

> The results showed that there is a significant relationship between the length and weight of Oreachromis Niloticus in the freshwater fishpond of the said school. As the length increased by centimeters, the empirical average weight also increased.

The researchers recommend furto correlate the sizes of sampled fish ther study on factors relevant to the increase in weight of the tilapia (Oreochromis neluticus) to augment the income of the tilapia farmers.

## **Researchers:**

Edgardo H. Lasangre Sr. Naida G. Lasangre

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